



Kick-off meeting to engage stakeholders in your AoP programme

Invite

- Steering Committee Members
- Working Group Members
- Culture & Arts Facilitators and Institutional Leaders
- Referral Channels (Team Leaders from Health, Social, and Community Services)

Agenda Overview

Welcome & Purpose of the Meeting (10 min)

- Objectives of the kick-off: building shared understanding, inspiration, and collaboration

Presentation of each participants (15 min)

- Name, title, and organization
- One sentence: “What excites you about AoP?”

Introduction to the AoP Concept (15 min)

- What is Arts on Prescription?
- Core principles and intended outcomes

Evidence-based and empirical findings (15 min)

- Presentation by a researcher or specialist on:
 - Mental well-being outcomes
 - Social and community benefits
 - Economic impact
 - Cases examples of different programmes (feel free to investigate the pilot cases here in the guide)
 - Stories, pictures, and quotations (if any from previous participants)

Artistic Break – Experience AoP in Action (20–30 min)

- Invite a culture facilitator to facilitate an activity that would or could be an AoP activity, make sure it involves the interaction of the stakeholders, so they gain a true sense and understanding of the AoP concept.

Collaborative Workshops (30 min)

In smaller mixed stakeholder groups discuss one of the following topics:

- **Understanding AoP:**
 - Share your interpretation of AoP
 - Identify common and different understandings of AoP
 - Facilitator captures key points on flipcharts
- **Mapping Resources & Roles:**
 - What resources are needed to implement AoP locally?
 - Who should lead, coordinate, and support?
 - What resources exist or are missing?
 - Ideas for funding, partnerships, and sustainability

Plenary Reflections (20 min)

- Each group shares key insights
- Open plenum
 - What role do you see yourself playing in AoP?
 - What support or knowledge do you need to contribute meaningfully? This could be more information about the concept, about health, social, economic outcomes, and/or the need for skills development (link workers and culture and arts facilitators)

Next Steps & Closing Remarks (10 min)

- Summary of key takeaways
- Outline of upcoming milestones
- Invitation to stay involved and co-create

TEAM